

## Intensivjympa *Adam Åbonde VT18*

	Titel	Artist	BPM	Längd
<b>Uppvärmning</b>	<b>09:59</b>			
1.	Dreaming	Smallpools	116'	02:33
2.	Pop Bitches	Rebecca & Fiona	170'	02:31
3.	Dharma	Headhunterz & KSHMR	128'	02:46
4.	Glitter & Gloss	Skott	41'/82'	02:09
<b>Styrka 1</b>	<b>09:24</b>			
5.	Deadcrush	alt-J	72'	03:45
6.	High Enough	K.Fløy	45'/90'	02:44
7.	Love Will Tear Us Apart	Elektrik People	58'	02:55
<b>Kondition 1</b>	<b>05:58</b>			
8.	Black Skinhead	Kanye West	130'	02:38
9.	Need me to stay (feat. Mr. Wilson)	Tommy Trash	128'	03:20
<b>Styrka 2</b>	<b>05:24</b>			
10.	Pleaser	alt-J	70'	05:24
<b>Kondition 2</b>	<b>10:09</b>			
11.	Aura	Lady Gaga	124'	02:20
12.	Mahalageasca – Bucovina Dub	Mahala Rai Banda	121'	02:08
13.	My Trigger – Olin Batista Remix	Miike Snow, Olin Batista	123'	02:11
14.	Overtime – Vicetone Remix	Cash Cash	126'	03:30
<b>Avslutning</b>	<b>13:24</b>			
15.	Sand & Lead	NEIKED, Brolin	103'	03:28
16.	Mörk Pop	Carlos Atlantis	45'	03:04
17.	-	-	-	05:21
18.	Lighthouse	KROG	-	01:31
<b>Total tid</b>	<b>54:18</b>			