

## Intensivjympa *Adam Åbonde VT16*

	Titel	Artist	BPM	Längd
<b>Uppvärmning</b>	<b>09:50</b>			
1.	Dancing On Glass	St. Lucia	109'	02:51
2.	Take me home (feat. Bebe Rexha) – The Ch	Cash Cash	128'	02:48
3.	Lonely Boy	The Black Keys	171'	02:08
4.	Tårarnas reservoar	Daniel Adams-Ray	42'/84'	02:03
<b>Styrka 1</b>	<b>10:24</b>			
5.	Stepping Stone	Lemaitre, Mark Johns	48'/96'	04:25
6.	Xenogenesis	TheFatRat	74'	03:01
7.	Nära dej	Min Stora Sorg	60'/120'	02:58
<b>Kondition 1</b>	<b>05:28</b>			
8.	This Time	Axwell /\ Ingrosso	120'	03:00
9.	What a feelng – Progressive Album Mix	Global Deejays	132'	02:28
<b>Styrka 2</b>	<b>05:34</b>			
10.	Robot Rock	Daft Punk	56'	02:35
11.	Rip This World	Nicole Sabouné	44'/88'	02:59
<b>Kondition 2</b>	<b>10:17</b>			
12.	Escarole	Cash Cash	122'	02:11
13.	Heartbreak	Blasterjaxx	129'	02:49
14.	Pistols At Dawn – Culture Shock Remix	Seinabo Sey	175'	02:13
15.	Get Up!	Global Deejays, Frontload	130'	03:04
<b>Avslutning</b>	<b>13:19</b>			
16.	I've got my mind set on you	Karro Westberg	86'	03:04
17.	I Am	AWOLNATION	33'/65'	02:51
18.	-	-	-	04:40
19.	Untitled #3 (Samskeyti)	Sigur Rós	-	02:44
<b>Total tid</b>	<b>54:52</b>			