

Medeljympa *Adam Åbonde HT12*

	Titel	Artist	BPM	Längd
Uppvärmning	09:59			
1.	Houdini	Foster the People	106'	03:00
2.	Vi va dom	Familjen	128'	02:49
3.	Breaking up with god	The Ark	165'	02:14
4.	Skolsång	Ted Gärdestad	43'	01:59
Styrka 1	09:42			
5.	40 day dream	Edward Sharpe & The Magnetic Zeros	41'	03:48
6.	Oppochnervisan	Totta Näslund, Georg Riedel	58'	02:57
7.	Sunrise confessions	Caotico	74'	02:57
Kondition 1	05:49			
8.	Tonight	Felix Cartal feat. Maja Ivarsson	110'	03:14
9.	I love it	Icona Pop	126'	02:35
Styrka 2	05:53			
10.	They don't care about us	Michael Jackson	45'	02:53
11.	Philemon Arthur & the Dung	Kaizer Orchestra	60'	03:00
Kondition 2	09:08			
12.	Dekadansen	Promoe	114'	02:48
13.	Pencil full of lead	Paolo Nutini	106'	02:25
14.	Come on!	The Hives	93'/186'	01:08
15.	Rockefeller street remix	Getter Jaani	130'	02:49
Avslutning	13:09			
16.	Shackled and drawn	Bruce Springsteen	87'	03:30
17.	I'm gonna wait	The Temper Trap	39'/78'	04:05
18.	Stenad i Stockholm	Perssons Pack	-	03:23
19.	Fjögur píanó	Sigur Ros	-	02:25
Total tid	0:53:40			